



SOPHIE DEMERs

ACTRESS IN THEATRE AND FILM PROFILE

17 year old girl who has done theatre since her youth (I have done many shows for my parents since the ripe age of 5, no haha, seriously I have done theatre since I was 7). I'm always passionate and engaged in everything that I touch. I participated in multiple theatre events such as, but not limited to: The Trac Festival (3 years), multiple regional improv tournament, "« Secondaire en spectacle" (3 years), 2 edition of "« camp de la chanson de Petite-Vallée". What I love the most in the work is the creation aspect, the discovery of new perspectives and showing off to other people what I'm capable of.

DIPLOMA AND FORMATIONS

- July 2020: Babysitting training
- January 2024 : ACT High School CPR and AED Program
- Août 2025: Coach of star 1 to 5 (intermediate)
- 2025: 8th degree in piano pre-conservatory program
- 2021-2026: High school of Gabriel-le-Courtois (secondary school diploma)

PROFESSIONAL EXPERIENCES

- 6 years of theatre
- 5 years of improv
- Ice skating shows since I'm 4
- Piano shows since I'm 7
- Performance at the "camp de la chanson de petite-Vallée"
- Winner of emcee for "secondaire en spectacle" 2025

SPECIAL ABILITIES

Piano, ice skating, origami, animation

CONTACT

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PHYSICALITY

Cheveux
Yeux
Poils
Grandeur

Brown, 5'10

THEATRE

2017 Secondary year of primary play

2021-2026 Play from secondaire 1 to 5 (3 years playes at the Trac Festival)

2013-2026 Ice skating shows

LANGUAGES

English and French